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*Freedom 5k*

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## *Hendersonville Rotary Freedom Run 5k 5k Freedom Run*

### *Age Group Results*

*July 04, 2011*

*Results By Race Management Systems, Inc. Produced by Keith Vroman*

#### *Overall Female Open Winners*

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kimberly Rutherford		153	23	10	21:20.2	6:53/M

#### *Overall Female Masters Winners*

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Emily Ryan		74	40	18	23:02.7	7:26/M

#### *Overall Female Grand Masters Winners*

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tessa Swinehart	Hendersonville TN	86	55	35	25:35.5	8:15/M

#### *Female 14 and under*

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Julia Rizor		69	13	15	21:56.3	7:05/M
2	Jessica Rizor		70	13	16	21:58.5	7:05/M
3	Erin Hollinden		38	14	44	26:02.3	8:24/M
4	Quincey Yarbrough		127	14	70	29:01.1	9:22/M
5	Jessica Mink		126		72	29:02.8	9:22/M
6	Sarah Bemui		99	8	88	30:21.7	9:47/M
7	Morgan Stansell		83	7	95	31:41.9	10:13/M
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8	Rachel Bernui	97	14	112	33:48.1	10:54/M
9	Eliza Bernui	98	9	117	34:15.5	11:03/M
10	Faith Boswell	5	8	123	34:53.0	11:15/M
11	Peyton Shearer	166	14	125	35:30.8	11:27/M
12	Leah Fenner	21	7	127	36:04.5	11:38/M
13	Hannah Feathers	18	12	154	52:38.2	16:59/M

*Female 15 to 19*

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brianna Simms		136	16	11	21:26.3	6:55/M
2	Hailey Hayes		143	16	41	25:58.0	8:23/M
3	Julia Meyer		48	15	47	26:27.2	8:32/M
4	Caroline Robinson		73	15	59	27:53.7	9:00/M
5	Ashley Rogland		115	19	106	32:55.4	10:37/M
6	Bronte Deno		124	16	113	33:48.5	10:54/M

*Female 20 to 24*

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Casady Hoffman		36	21	114	33:59.0	10:58/M

*Female 25 to 29*

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bethany Crain		149	28	31	25:16.5	8:09/M
2	Jamie Simmons		78	26	73	29:11.8	9:25/M
3	Melissa Willemin		92	27	107	33:11.4	10:42/M
4	Heather Mayberry		45	27	108	33:18.1	10:45/M
5	Amanda Gebhart		24	27	118	34:17.4	11:04/M
6	Kim Kelly		123	28	147	41:51.6	13:30/M
7	Emily Hayes		28	26	153	51:36.3	16:39/M

*Female 30 to 34*

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michelle Gilmore		147	31	25	23:49.3	7:41/M
2	Heather O'Brien		133	32	34	25:30.6	8:14/M
3	Becky Parsons		55	33	91	30:50.7	9:57/M
4	Kryssi Heckman		30	30	99	32:22.0	10:26/M
5	Kathryn Gupton		102	34	148	42:41.4	13:46/M

*Female 35 to 39*

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Deanna Zeman		113	36	14	21:45.8	7:01/M
2	Abby Knight		131	37	37	25:38.0	8:16/M
3	Tracy Collins		150	36	42	26:01.4	8:24/M
4	Kelly Henderson		33	36	43	26:01.5	8:24/M
5	Christina Fenner		20	39	53	27:30.2	8:52/M
6	Jill Stansell		80	38	57	27:49.1	8:58/M
7	Shelley Devereaux		146	39	67	28:58.5	9:21/M
8	Susan Truitt	Hendersonville TN	88	35	83	30:19.0	9:47/M
9	Robin Bloodworth		2	35	90	30:50.6	9:57/M
10	Lisa Wilbert		91	35	101	32:22.9	10:26/M
11	Jama Cook		12	37	110	33:33.4	10:49/M
12	Regan Cothron		145	39	126	35:50.0	11:34/M
13	Amy McAllister		105	38	131	37:28.1	12:05/M
14	Valerie Senn		121	37	142	39:41.5	12:48/M

*Female 40 to 44*

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Marilyn Meyer		46	44	63	28:49.9	9:18/M
2	Cynthia Steveson		110	43	81	30:13.3	9:45/M
3	Donna Murray	Hendersonville TN	52	43	82	30:13.5	9:45/M
4	Cindy Coffey		6	42	84	30:40.5	9:47/M

4	Cindy Collee	9	43	84	30:19.5	9:47/M
5	Linda Ragains	62	42	86	30:20.6	9:47/M
6	Amy Robertson	72	40	111	33:38.8	10:51/M
7	Karla Pitcher	156	43	122	34:45.7	11:13/M
8	Tanya Boswell	3	42	124	34:53.1	11:15/M
9	Pam Balent	158	40	139	38:59.5	12:35/M
10	Joy Wilkinson	111	41	141	39:41.1	12:48/M
11	Terri Rizor	68	44	144	40:58.0	13:13/M
12	Colleen Lyons	122	44	146	41:51.4	13:30/M
13	Priscilla Richards	66	41	157	1:17:30.5	25:00/M

### *Female 45 to 49*

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Betsy Pierpaoli		59	46	28	24:53.8	8:02/M
2	Kris Morton		51	46	60	28:07.7	9:04/M
3	Becky Miller		140	48	61	28:28.3	9:11/M
4	Mary Zweifel		148	45	65	28:51.6	9:18/M
5	Shawn Walker		120	46	78	29:37.1	9:33/M
6	Mercuria Lucombe		42	45	104	32:52.3	10:36/M
7	Christi Sampson		76	48	115	33:59.0	10:58/M
8	Patti Deffendall		165	49	130	36:25.9	11:45/M
9	Rhea Feathers		16	46	149	42:42.2	13:46/M
10	Sandy Balent		155	45	152	46:35.6	15:02/M
11	Ella Rainbolt		64	49	155	52:47.1	17:02/M

### *Female 50 to 54*

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sheila Yarbrough		163	51	64	28:51.0	9:18/M
2	Beth Blankenship		1	50	102	32:26.2	10:28/M
3	Joan Signorille		77	54	140	39:33.6	12:45/M

4	Susan Carnes		7	53	145	41:39.6	13:26/M
5	Deborah Fields		23	51	156	56:47.0	18:19/M

*Female 60 to 64*

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Betty Joe Salyers		75	62	89	30:25.2	9:49/M
2	Brenda Payne		56	61	121	34:43.3	11:12/M

*Female 65 and over*

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	June Richards		67	68	158	1:17:35.5	25:02/M

*Overall Male Open Winners*

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Craig Evans		101	33	1	17:50.2	5:45/M

*Overall Male Masters Winners*

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brad Johns		39	45	4	20:27.5	6:36/M

*Overall Male Grand Masters Winners*

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Randy Brecht		116	50	5	20:28.9	6:36/M

*Male 14 and under*

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jordan Hayes		142	13	30	25:15.9	8:09/M
2	Alan Hencey		32	13	33	25:26.7	8:12/M
3	Zack O'Brien		132	12	46	26:09.0	8:26/M
4	Trey Boswell		4	10	49	26:52.4	8:40/M
5	Sam Miller		138	11	55	27:38.0	8:55/M
6	Andrew Pierpaoli		60	14	56	27:38.7	8:55/M

7	Jordan Balent	160	11	58	27:52.4	8:59/M
8	Max Stansell	82	10	74	29:16.9	9:26/M
9	Noah Feathers	17	14	75	29:18.0	9:27/M
10	Alex Rainbolt	65	12	103	32:48.5	10:35/M
11	Aidan Fenner	22	10	120	34:25.3	11:06/M
12	Sam Rizor	71	8	136	38:15.5	12:20/M
13	Peyton Balent	159	9	138	38:52.2	12:32/M
14	Blake Balent	157	12	150	43:49.3	14:08/M

### Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Charlie Jordan		164	18	2	18:55.7	6:06/M
2	Will Stamps		109	15	12	21:35.4	6:58/M
3	A Simms		135	15	19	23:02.9	7:26/M
4	Lukas Scogin		129	18	27	24:38.7	7:57/M
5	Michael, Jr. Bernui		95	17	45	26:07.0	8:25/M
6	Caleb Bernui		96	15	68	28:58.8	9:21/M
7	Chris Forau		128	18	71	29:02.0	9:22/M
8	Nathan Harsh		103	19	137	38:50.2	12:32/M

### Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brian Plumb		61	27	100	32:22.5	10:26/M
2	John Dotson		14	27	119	34:17.4	11:04/M

### Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Marty Cook		11	34	13	21:42.9	7:00/M
2	Chuck Dennie		100	34	26	24:30.9	7:54/M
3	Joey Montalbano	Hendersonville TN	49	30	80	30:01.7	9:41/M

4	Chris Hayes		29	31	96	31:46.0	10:15/M
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### Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ray Whitford		112	36	3	20:25.6	6:35/M
2	Brian Koch	Hendersonville TN	40	39	6	20:48.4	6:43/M
3	Thomas Hollinden		37	39	9	21:15.5	6:51/M
4	Tim Stehli		169	39	24	23:46.6	7:40/M
5	Thomas Nazareus		53	37	29	24:55.2	8:02/M
6	Tony Morton		50	37	52	27:20.2	8:49/M
7	Bryan Truitt		87	35	134	37:55.3	12:14/M

### Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David Summers		84	40	20	23:07.8	7:27/M
2	Dan Singelyn		79	42	23	23:33.5	7:36/M
3	Frank Ragains		63	40	38	25:40.1	8:17/M
4	Gary Glenn		141	43	39	25:52.1	8:21/M
5	Mark O'Brien		134	40	40	25:54.9	8:21/M
6	Paul Goodz		167	43	51	27:15.2	8:47/M
7	Dan Herrington		34	42	54	27:36.0	8:54/M
8	Tom Heckman		31	40	79	29:57.7	9:40/M
9	Tim Coffee		10	41	85	30:19.9	9:47/M
10	Bob Stansell		81	44	97	31:54.0	10:17/M
11	Jeff Devereaux		144	41	105	32:55.0	10:37/M
12	Bill McAllister		104	40	132	37:28.5	12:05/M
13	Carl Marshall		43	42	151	46:14.1	14:55/M

### Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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1	Bart Modrall	151	49	8	21:13.5	6:51/M
2	Phil Wigger	90	46	36	25:36.7	8:15/M
3	Barry Bresnahan	130	49	62	28:32.1	9:12/M
4	Jeff Warden	89	46	94	31:32.6	10:10/M
5	Bubba Perry	57	46	98	32:02.0	10:20/M
6	Paul Fenner	19	48	128	36:08.3	11:39/M
7	Craig Ballenger	162	48	133	37:29.1	12:05/M

### Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Charlie Taylor		125	51	7	20:54.1	6:45/M
2	Jimmy Fryer		168	51	17	22:41.1	7:19/M
3	Kevin Cames		6	50	22	23:30.3	7:35/M
4	Mark Evans		161	51	66	28:56.2	9:20/M
5	Michael Bernui		94	50	69	29:00.4	9:21/M
6	Mark Miller		137	53	76	29:26.2	9:30/M
7	Randy Stamps		108	52	109	33:27.6	10:47/M
8	Jeffrey Phillips		58	50	129	36:14.8	11:41/M

### Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ken Gardener		119	58	21	23:27.1	7:34/M
2	Dennis Greeno		25	55	32	25:22.3	8:11/M
3	Ricky Murray		117	56	48	26:40.9	8:36/M
4	Oliver Barry		93	57	50	27:08.5	8:45/M
5	Gunny Hendley		152	56	77	29:35.4	9:33/M
6	Reggie Mudd		154	57	92	31:10.8	10:03/M
7	Steve Martin	Hendersonville TN	44	56	93	31:26.7	10:08/M
8	Randal Swinehart		85	55	143	39:44.9	12:49/M

*Male 60 to 64*

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Don Law		41	60	135	37:57.9	12:15/M

*Male 65 and over*

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Thomas Dunning	Hendersonville TN	15	65	87	30:21.0	9:47/M
2	Grant Carruth		8	71	116	34:12.2	11:02/M

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